

Dear Provider,

October is NATIONAL PROTECT YOUR HEARING MONTH

October has been designated by the American Academy of Audiology as the National Protect Your Hearing Month. Protecting our ability to hear is important because good hearing has beneficial effect on our overall quality of life, since it allows us to participate in various activities and communicate with people around us.

October is also the start of hunting season for many Arizonians. Please talk to your patients about protecting their hearing. We have several different options available to meet their needs. If your patient mentions your referral to **Good Sound Audiology** for a hearing protection device, we will provide the following discount in the month of October:

- **Foam Earplugs: Free**
- **Electronic Hearing Protection: 10% Discount**
- **Custom Earplugs: 10% Discount**

Prolonged exposure to any sound louder than 85 decibels is considered to be harmful to your hearing, so we must be vigilant and pro-active about turning down the volume whenever possible and wearing ear plugs in a noisy work environment. Exercise, healthy diet, and treatment for metabolic diseases are also important steps toward reducing our risk of hearing loss.

Quick Stats!

- The NIDCD estimates that approximately **15 percent** of people between the ages of 20 and 69 have high frequency hearing loss due to exposure to noise at work or during leisure activities.
- One in eight teenagers in the United States has permanent hearing loss due to noise exposure.

<http://1.usa.gov/1PyTDvQ>

For more information go to our website, www.goodsoundaudiology.com and download a **Noise Level Chart** to share with your patients. Thank you for allow us to participate in your patients' hearing healthcare!

Best regards,

Tina Jessee, Au.D. & Tanya Karg, Au.D.